

Hillcrest Raleigh Menu January 12 - 18



Regular Week Three F/W

			regular vvoole Triloc 17vv			
Sunday, January 12	Monday, Jan. 13	Tuesday, Jan. 14	Wednesday, Jan. 15	Thursday, Jan. 16	Friday, January 17	Saturday, Jan. 18
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Fluffy Scrambled Eggs	French Toast	Fluffy Scrambled Eggs	Belgian Waffle	Buttermilk Pancakes	Fluffy Scrambled Eggs	Fluffy Scrambled Eggs
Grits or Oatmeal	with syrup	with cheese	with syrup	with syrup	Grits or Oatmeal	Breakfast Ham
Apple Cinnamon Muffin		Grits or Oatmeal	Grits or Oatmeal	Grits or Oatmeal	Flaky Biscuit	Grits or Oatmeal
Orange Juice	Grits or Oatmeal	Flaky Biscuit	Crispy Bacon	Sausage Patty	with jelly	English Muffin
Milk	Orange Juice	with jelly	Orange Juice	Orange Juice	Orange Juice	Orange Juice
	Milk	Orange Juice • Milk	Milk	Milk	Milk	Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Glazed Baked Ham	Chicken Pot Pie	Swedish Meatballs	Roast Pork Sandwich	Rancher's Chicken	Jambalaya	Country Fried Steak
Pinto Beans	peas, carrots, gravy	Egg Noodles	open-face with gravy	Bread Crumbs, Ranch	shrimp, sausage, rice	cream gravy
Steamed Greens	Tossed Salad	Glazed Carrots	Mixed Vegetables	Black-Eyed Peas	Tossed Salad	Roasted Red Potatoes
Cornbread	with dressing	Rosemary Dinner Roll	Spiced Apples	Stewed Tomatoes	Dinner Roll/Bread	Braised Cabbage
Pineapple Cake	Flaky Biscuit	Lemon Cake		Dinner Roll/Bread	New Orleans Beignet	Cornbread
	Pound Cake	zesty lemon icing		Pumpkin Pie	with powdered sugar	Double Chocolate Brownie
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Grilled Cheese Sandwich	Fried Fish Filet	Crispy Baked Chicken	Spaghetti Pasta	Beef Sloppy Joe	Cheese Ravioli Pasta	Breaded Fish Filet
American, Pepper Jack	Baked Potato	Oven Browned Potatoes	tomato meat sauce	on soft bun	Marinara sauce	on soft bun
French Fries	with sour cream	Lima Beans	Steamed Broccoli	Tater Tots	Green Beans	Roast Potato Wedges
Creamy Cucumber Salad	Calico Coleslaw	Dinner Roll/Bread	Italian Dinner Roll	Steamed Corn	Garlic Bread	Mixed Vegetables
Tomato Soup	Dinner Roll/Bread	Peanut Butter Cookie	Cheesecake	Pineapple Cake	Ambrosia	carrots,corn,green beans
Chocolate Chip Cookie	Chocolate Pudding Parfait					Maple Apple Crisp
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NOTE - Menu is subject to change based on availability.