



Hillcrest Raleigh Menu

October 13 - 19



Regular Week Two F/W

Sunday, October 13	Monday, October 14	Tuesday, Oct. 15	Wednesday, Oct. 16	Thursday, Oct. 17	Friday, October 18	Saturday, Oct. 19
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cheese Omelet Grits or Oatmeal Flaky Biscuit Orange Juice Milk	French Toast with apple topping Crispy Bacon Grits or Oatmeal Orange Juice Milk	Flaky Biscuit with sausage gravy Grits or Oatmeal Hashbrowns Orange Juice Milk	Belgian Waffle with syrup Grits or Oatmeal Crispy Bacon Orange Juice Milk	Fluffy Scrambled Eggs Grits or Oatmeal Glazed Cinnamon Roll Orange Juice Milk	Egg and Cheese Bake Grits or Oatmeal Toast with jelly Orange Juice Milk	Pancakes with syrup Breakfast Ham Grits or Oatmeal Orange Juice Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Tender Roast Beef rosemary, au jus Baked Potato Parsley Carrots Dinner Roll/Bread Apple Cobbler	Savory Pork Roast Rice Pilaf Seasoned Greens Cornbread Angel Food Cake citrus glaze	Smothered Chicken with gravy Whipped Sweet Potatoes Lima Beans Cornbread Caramel Apple Cake	Homestyle Meatloaf tomato sauce Potatoes Au Gratin Tender Green Peas Dinner Roll/Bread Sweet Potato Pie	Pepperoni Pizza stuffed crust Tossed Salad with dressing Steamed Broccoli Peach Pie	Baked Tilapia Filet lemon, dill Roasted Red Potatoes Steamed Broccoli Dinner Roll/Bread Zesty Key Lime Pie	Pulled Pork Barbeque on soft bun Tangy Baked Beans Mixed Vegetables Pound Cake
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Southern Fried Chicken Macaroni and Cheese Roasted Green Beans Herbed Dinner Roll Oatmeal Raisin Cookie	Fried Fish Filet on soft bun Tater Tots Calico Coleslaw Mixed Fruit Salad	Baked Ziti Pasta tomato meat sauce Roasted Cauliflower parmesan, herbs Italian Dinner Roll Double Chocolate Brownie	Italian Sausage Sub peppers, onions French Fries Mixed Vegetables zucchini, green beans carrots, yellow squash Cherry Cobbler	Hot Turkey Sandwich open-face, gravy Mashed Potatoes Roasted Brussels Sprouts Pumpkin Cheesecake Bar	Southern Pulled Chicken with dumplings Fried Okra Herb Dinner Roll Chocolate Pudding Parfait	Salisbury Steak with gravy Mashed Potatoes Creamed Spinach Dinner Roll/Bread Coconut Cream Pie

NOTE - Menu is subject to change based on availability.