

Hillcrest Raleigh Menu September 17 - 23



			Regular Week Four S/S			
Sunday, Sept. 17	Monday, Sept. 18	Tuesday, Sept. 19	Wednesday, Sept. 20	Thursday, Sept. 21	Friday, Sept. 22	Saturday, Sept. 23
Breakfast	Breakfast	Breakfast	Waffle Wednesday	Breakfast	Breakfast	Breakfast
Fluffy Scrambled Eggs	French Toast	Scrambled Eggs	Waffles	Egg & Hashbrown Bake	Flaky Biscuit	Fluffy Scrambled Eggs
Grits or Oatmeal	with syrup	with cheese	with syrup	Toast	Sausage Gravy	Grits or Oatmeal
Blueberry Muffin	Sausage Patty	Grits or Oatmeal	Grits or Oatmeal	Grits or Oatmeal	Grits or Oatmeal	Flaky Biscuit
Juice	Grits or Oatmeal	Flaky Biscuit	Crispy Bacon	Juice	Hashbrowns	Juice
Milk	Juice	Juice	Juice	Milk	Juice	Milk
	Milk	Milk	Milk		Milk	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Kiev	Shepherd's Pie	Hawaiian Baked Ham	Arroz con Pollo	Swiss Steak	Chicken Alfredo	Herb Baked Chicken
breaded filet filled	seasoned minced beef	Green Peas	chicken, rice, veggies	slow cooked with gravy	fettucine pasta	Steamed Rice
with garlic butter	green peas	Baked Sweet Potatoes	saffron, onions	Mashed Potatoes	chicken, cream sauce	Green Pea Salad
Steamed Rice	mashed potato topping	Dinner Roll	Mixed Vegetables	Steamed Broccoli	Country Vegetables	Dinner Roll
Stewed Tomatoes	Green Beans	Key Lime Pie	carrots,squash,green beans	Dinner Roll	carrots, corn, green beans	Pineapple Cake
Dinner Roll	Dinner Roll		Sopapilla	Chocolate Cream Pie	Soft Breadstick	
Banana Pudding	Peach Parfait		cinnamon, sugar		Snickerdoodle Cookie	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Garlic Herb Pork Loin	Beef Hamburger	Breaded Baked Chicken	Fried Fish Filet	Pulled Pork Barbeque	Stir-Fry Beef	Beef Patty Melt
Roast Redskin Potatoes	on soft bun with cheese	Southern Pinto Beans	Oven Brown Potatoes	Baked Beans	with vegetables	open face with cheese
Steamed Cabbage	lettuce and tomato	Steamed Spinach	Mixed Squash	Homemade Coleslaw	Steamed Rice	caramelized onions
Dinner Roll	Tater Tots	Cornbread	Dinner Roll	Cornbread	Dinner Roll	Roasted Zucchini
Apple Crisp	Homemade Coleslaw	Blondie Brownie	Angel Food Cake	Baked Apples	Strawberry Shortcake	Chocolate Brownie
	Pound Cake		vanilla glaze			

NOTE - Menu is subject to change based on availability.