

## Hillcrest Raleigh Menu October 16 - 22

162 60 716 0 00 1 K		Regular Week Two S/S				
Sunday, October 16	Monday, October 17	Tuesday, Oct. 18	Wednesday, Oct. 19	Thursday, Oct. 20	Friday, October 21	Saturday, Oct. 22
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Fluffy Scrambled Eggs	French Toast	Fluffy Scrambled Eggs	Fluffy Scrambled Eggs	Pancakes	Baked Cheese Omelet	Fluffy Scrambled Eggs
Crispy Bacon	with maple syrup	Grits or Oatmeal	Waffle	with maple syrup	Crispy Bacon	Grits or Oatmeal
Grits or Oatmeal	Sausage Patty	Cinnamon Roll	Crispy Bacon	Grits or Oatmeal	Grits or Oatmeal	Flaky Biscuit
Blueberry Muffin	Grits or Oatmeal	Crispy Bacon	White Toast	Sausage Patty	White Toast	Juice
Juice	Juice	Juice	Juice	Juice	Juice	Milk
Milk	Milk	Milk	Milk	Milk	Milk	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Ham	Roast Turkey	Breaded Fried Fish	Spaghetti Pasta	Shrimp and Grits	Southern Fried Chicken	Swedish Meatballs
Candied Yams	Potatoes Au Gratin	Southern Pinto Beans	with meat sauce	Grilled Peppers & Onions	Macaroni and Cheese	Egg Noodles
Lima Beans	Steamed Broccoli	Squash with Onions	Tossed Salad	Steamed Broccoli	Green Peas	Sliced Cooked Carrots
Soft Breadstick	Dinner Roll/Bread	Cornbread	with dressing	Dinner Roll/Bread	Cornbread	Dinner Roll/Bread
Fresh Fruit Cup	Butterscotch Pudding	Fresh Fruit Cup	Dinner Roll/Bread	Fruit Cocktail	Chocolate Chip Cookie	Strawberries & Bananas
			Sherbet			
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Tuna Salad	Beef Macaroni Casserole	Baked Pork Chop	Good Old Hot Dog	Beef Meatloaf	Vegetable Lasagna	Sweet & Sour Chicken
Macaroni Salad	Mixed Vegetables	<b>Rice Pilaf</b>	on bun with chili	Roasted Potato Wedges	with tomato sauce	Steamed Rice
Coleslaw	Dinner Roll/Bread	Steamed Spinach	French Fries	Steamed Collard Greens	Southern Green Beans	Steamed Broccoli
Dinner Roll/Bread	Chilled Pears	Dinner Roll/Bread	Creamy Coleslaw	Dinner Roll/Bread	Dinner Roll/Bread	Dinner Roll/Bread
Cherry Crisp		Banana Pudding	Mandarin Oranges	Frosted White Cake	Fruit Cocktail	Blonde Brownie

NOTE - Menu is subject to change based on availability.

