

## Hillcrest Raleigh Menu October 2 - 8



Breakfast Fluffy Scrambled Eggs Crispy Bacon Grits or Oatmeal Blueberry Muffin Juice Milk  Lunch Southern Fried Chicken Mashed Potatoes Green Beans Soft Breadstick Cinnamon Baked Apples  Dinner  Beef Cheeseburger on soft bun French Fries Steamed Broccoli Dinner			Regular Week Four S/S			
Fluffy Scrambled Eggs Crispy Bacon  Grits or Oatmeal Blueberry Muffin Juice Milk  Lunch  Southern Fried Chicken Mashed Potatoes Green Beans Soft Breadstick Cinnamon Baked Apples  Dinner  Beef Cheeseburger on soft bun French Fries Steamed Broccoli  French Saus  Saus  Saus  Saus  Saus  Saus  French Fried Chicken Tender Souther  Souther  Tangy  Chicken With mix  Steamed Steamed Dinner	nday, October 3	Tuesday, October 4	Wednesday, Oct. 5	Thursday, Oct. 6	Friday, October 7	Saturday, Oct. 8
Crispy Bacon Grits or Oatmeal Blueberry Muffin Juice Milk  Lunch  Southern Fried Chicken Mashed Potatoes Green Beans Soft Breadstick Cinnamon Baked Apples  Dinner  Beef Cheeseburger on soft bun French Fries Steamed Broccoli  With in Saus Saus Saus Saus Select Fries Steamed Fries Steamed Fries Steamed Dinner  Dinner	Breakfast	Breakfast	Waffle Wednesday	Breakfast	Breakfast	Breakfast
Blueberry Muffin Juice Milk  Lunch  Southern Fried Chicken Mashed Potatoes Green Beans Soft Breadstick Cinnamon Baked Apples  Dinner  Beef Cheeseburger on soft bun French Fries Steamed Broccoli  Crits  Grits  Angue  Tender  Souther  Souther  Steamed  Steamed  Steamed  Steamed  Steamed  Con  Tangy  Dinner  Dinn	French Toast vith maple syrup	Fluffy Scrambled Eggs Grits or Oatmeal	Fluffy Scrambled Eggs Waffle	Pancakes with maple syrup	Baked Cheese Omelet Crispy Bacon	Fluffy Scrambled Eggs Grits or Oatmeal
Juice Milk  Lunch  Southern Fried Chicken Mashed Potatoes Green Beans Soft Breadstick Cinnamon Baked Apples  Dinner  Beef Cheeseburger on soft bun French Fries Steamed Broccoli Dinne	Sausage Patty	Crispy Bacon	Grits or Oatmeal	Grits or Oatmeal	Grits or Oatmeal	Flaky Biscuit
Milk  Lunch  Southern Fried Chicken  Mashed Potatoes Green Beans Soft Breadstick Cinnamon Baked Apples  Dinner  Beef Cheeseburger on soft bun French Fries Steamed Broccoli  Dinner  Lunch Lunch Lanch Lanch Tender Souther Souther Steamed Tangy  Chick with mix French Fries Steamed Dinner	Grits or Oatmeal	Cinnamon Roll	White Toast	Sausage Patty	White Toast	Juice
LunchLSouthern Fried ChickenTenderMashed PotatoesSoutherGreen BeansSteamedSoft BreadstickCoCinnamon Baked ApplesTangyDinnerDBeef Cheeseburger on soft bunChicken with mixFrench FriesSteamedSteamed BroccoliDinne	Juice	Juice	Juice	Juice	Juice	Milk
Southern Fried Chicken  Mashed Potatoes Green Beans Soft Breadstick Cinnamon Baked Apples  Tangy  Dinner  Description:  Beef Cheeseburger on soft bun French Fries Steamed Broccoli  Tender Souther Steamed Souther Steamed Steamed Steamed Steamed Steamed Steamed Souther Steamed Steamed Steamed Steamed Steamed Steamed Souther Steamed Steamed Steamed Steamed Steamed Steamed Souther Steamed St	Milk	Milk	Milk	Milk	Milk	
Mashed Potatoes Green Beans Soft Breadstick Cinnamon Baked Apples  Tangy  Dinner  Beef Cheeseburger on soft bun French Fries Steamed Broccoli Dinne	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Beef Cheeseburger Chick on soft bun with mix French Fries Steamed Broccoli Dinne	ender Beef Brisket uthern Pinto Beans amed Collard Greens Cornbread angy Orange Cake	Roast Turkey Cornbread Dressing Yellow Squash Dinner Roll/Bread Fresh Fruit Cup	Chicken Parmesan Spaghetti Pasta Tossed Green Salad with dressing Dinner Roll/Bread Banana Pudding	Homemade Meatloaf tomato sauce Potatoes Au Gratin Creamed Corn Dinner Roll/Bread Fresh Fruit Cup	Breaded Fried Fish Southern Pinto Beans Steamed Cabbage Hushpuppies Chocolate Brownie	Country Fried Steak cream gravy Steamed Herb Rice Zucchini and Onions Cornbread Chilled Pears
on soft bun with mix  French Fries Steamed Broccoli Dinne	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
	Chicken Stir-Fry h mixed vegetables Steamed Rice Dinner Roll/Bread	Swedish Meatballs Egg Noodles Sliced Cooked Carrots Dinner Roll/ Bread	Garlic Herb Pork Loin Whipped Sweet Potatoes Steamed Collard Greens Dinner Roll/Bread	Chicken Marsala Spanish Rice Mixed Vegetables Cornbread	Thin Crust Cheese Pizza  Tossed Salad  with dressing  Vegetable Soup	Baked Chicken Wings Candied Yams Black-Eyed Peas Dinner Roll/Bread
Chocolate Pudding Manda	Mandarin Oranges	Snickerdoodle Cookie	Sliced Peaches	Marble Cake	Tropical Fruit	Oatmeal Raisin Cookie

NOTE - Menu is subject to change based on availability.