



Hillcrest Raleigh Menu

October 2 - 8



Regular Week Four S/S

| Sunday, October 2 | Monday, October 3 | Tuesday, October 4 | Wednesday, Oct. 5 | Thursday, Oct. 6 | Friday, October 7 | Saturday, Oct. 8 |
|--|---|---|---|---|---|--|
| <i>Breakfast</i> | <i>Breakfast</i> | <i>Breakfast</i> | <i>Waffle Wednesday</i> | <i>Breakfast</i> | <i>Breakfast</i> | <i>Breakfast</i> |
| Fluffy Scrambled Eggs Crispy Bacon Grits or Oatmeal Blueberry Muffin Juice Milk | French Toast with maple syrup Sausage Patty Grits or Oatmeal Juice Milk | Fluffy Scrambled Eggs Grits or Oatmeal Crispy Bacon Cinnamon Roll Juice Milk | Fluffy Scrambled Eggs Waffle Grits or Oatmeal White Toast Juice Milk | Pancakes with maple syrup Grits or Oatmeal Sausage Patty Juice Milk | Baked Cheese Omelet Crispy Bacon Grits or Oatmeal White Toast Juice Milk | Fluffy Scrambled Eggs Grits or Oatmeal Flaky Biscuit Juice Milk |
| <i>Lunch</i> | <i>Lunch</i> | <i>Lunch</i> | <i>Lunch</i> | <i>Lunch</i> | <i>Lunch</i> | <i>Lunch</i> |
| Southern Fried Chicken Mashed Potatoes Green Beans Soft Breadstick Cinnamon Baked Apples | Tender Beef Brisket Southern Pinto Beans Steamed Collard Greens Cornbread Tangy Orange Cake | Roast Turkey Cornbread Dressing Yellow Squash Dinner Roll/Bread Fresh Fruit Cup | Chicken Parmesan Spaghetti Pasta Tossed Green Salad with dressing Dinner Roll/Bread Banana Pudding | Homemade Meatloaf tomato sauce Potatoes Au Gratin Creamed Corn Dinner Roll/Bread Fresh Fruit Cup | Breaded Fried Fish Southern Pinto Beans Steamed Cabbage Hushpuppies Chocolate Brownie | Country Fried Steak cream gravy Steamed Herb Rice Zucchini and Onions Cornbread Chilled Pears |
| <i>Dinner</i> | <i>Dinner</i> | <i>Dinner</i> | <i>Dinner</i> | <i>Dinner</i> | <i>Dinner</i> | <i>Dinner</i> |
| Beef Cheeseburger on soft bun French Fries Steamed Broccoli Chocolate Pudding | Chicken Stir-Fry with mixed vegetables Steamed Rice Dinner Roll/Bread Mandarin Oranges | Swedish Meatballs Egg Noodles Sliced Cooked Carrots Dinner Roll/ Bread Snickerdoodle Cookie | Garlic Herb Pork Loin Whipped Sweet Potatoes Steamed Collard Greens Dinner Roll/Bread Sliced Peaches | Chicken Marsala Spanish Rice Mixed Vegetables Cornbread Marble Cake | Thin Crust Cheese Pizza Tossed Salad with dressing Vegetable Soup Tropical Fruit | Baked Chicken Wings Candied Yams Black-Eyed Peas Dinner Roll/Bread Oatmeal Raisin Cookie |

NOTE - Menu is subject to change based on availability.