



Hillcrest Raleigh Menu



January 16 - 22

Regular Week One F/W

Sunday, Jan. 16	Monday, Jan. 17	Tuesday, Jan. 18	Wednesday, Jan. 19	Thursday, Jan. 20	Friday, Jan. 21	Saturday, Jan. 22
Breakfast	Breakfast	Breakfast	Waffle Wednesday	Breakfast	Breakfast	Breakfast
Fluffy Scrambled Eggs with cheese Grits or Oatmeal Apple Cinnamon Muffin Orange Juice Milk	French Toast with maple syrup Crispy Bacon Grits or Oatmeal Orange Juice Milk	Western Scrambled Eggs ham, cheese, bell peppers Grits or Oatmeal Flaky Biscuit with cream gravy Orange Juice • Milk	Crispy Waffle with maple syrup Fresh Fruit Grits or Oatmeal Sausage Patty Orange Juice • Milk	Fluffy Scrambled Eggs Grits or Oatmeal Coffee Cake cranberry orange Orange Juice Milk	Pancakes with maple syrup Sausage Patty Grits or Oatmeal Orange Juice Milk	Cheese Omelet Breakfast Ham Grits or Oatmeal Toast Orange Juice Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Maple Sage Turkey Cornbread Dressing Roasted Green Beans Dinner Roll/Bread Cranberry Applesauce	Glazed Baked Ham Potatoes Au Gratin Collard Greens Cornbread Pineapple Cake	Spaghetti with Meatballs tomato sauce Caesar Salad Romaine, Parmesan Garlic Bread Butterscotch Pudding	Apple Ginger Pork Loin Roast Redskin Potatoes Sautéed Zucchini Dinner Roll/Bread Scalloped Apples	Rancher's Chicken Breast Black-Eyed Peas Roasted Brussels Sprouts Dinner Roll/Bread Carrot Cake cream cheese frosting	Breaded Fried Fish Macaroni and Cheese Green Beans Cornbread Chilled Peach Parfait	Kielbasa Sausage Fried Potatoes & Onions Steamed Cabbage Dinner Roll/Bread Chocolate Cream Pie
Dinner	Dinner	Taco Tuesday	Dinner	Dinner	Dinner	Dinner
Country Fried Steak with cream gravy Mashed Potatoes Steamed Broccoli Dinner Roll/Bread Chocolate Cream Pie	Tuna Noodle Casserole egg noodles, cream sauce Green Peas Parsley Dinner Roll Key Lime Pie	Beef Soft Taco Refried Beans Tossed Salad with dressing Creamy Rice Pudding	Beef Pepper Steak with gravy Buttered Rice Stewed Tomatoes Dinner Roll/Bread Blonde Brownie	Cheese Ravioli tomato sauce Tossed Salad with dressing Garlic Bread Pear Crisp	Chili Cheese Hot Dog on soft bun Tater Tots Calico Coleslaw Chocolate Chip Cookie	Chicken Pastry with cream sauce Green Peas Dinner Roll/Bread White Cake with creamy frosting

NOTE - Menu is subject to change based on availability.