

## Hillcrest Raleigh Menu Extension October 10 - 16



Regular	Maak	One	9/9
Regulai	week	One	3/S

			Regular Week One S/S			
Sunday, October 10	Monday, October 11	Tuesday, Oct. 12	Wednesday, Oct. 13	Thursday, Oct. 14	Friday, October 15	Saturday, Oct. 16
Breakfast	Breakfast	Breakfast	Wednesday	Breakfast	Breakfast	Breakfast
Fluffy Scrambled Eggs	French Toast	Fluffy Scrambled Eggs	Fluffy Scrambled Eggs	Pancakes	Scrambled Eggs	Fluffy Scrambled Eggs
Crispy Bacon	with maple syrup	Grits or Oatmeal	Crispy Bacon	with maple syrup	Crispy Bacon	Grits or Oatmeal
Grits or Oatmeal	Sausage Patty	Flaky Biscuit	Grits or Oatmeal	Grits or Oatmeal	Grits or Oatmeal	Flaky Biscuit
Blueberry Muffin	Grits or Oatmeal	Juice	White Toast	Sausage Patty	White Toast	Juice
Juice	Juice	Milk	Juice	Juice	Juice	Milk
Milk	Milk		Milk	Milk	Milk	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Hearty Beef & Bean Chili	Barbecue Baked Chicken	Spaghetti Pasta	Roast Pork Loin	Italian Sausage	Southern Fried Chicken	Cheese Ravioli
Mixed Squash	Rice Pilaf	with meat sauce	Candied Sweet Potatoes	<b>Peppers and Onions</b>	Macaroni and Cheese	with tomato sauce
Southern Cornbread	Sweet Green Peas	<b>Tossed Salad</b>	Steamed Spinach	Sweet Potato Fries	Collard Greens	Tossed Salad
Zesty Lemon Cake	Dinner Roll/Bread	Dinner Roll/Bread	Dinner Roll/Bread	Hoagie Sub Roll	Dinner Roll/Bread	Garlic Bread
	Chilled Pears	Selection of Jell-O	Mandarin Oranges	Chocolate Chip Cookie	Chilled Peaches	Chocolate Pudding
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Lemon Baked Whitefish	Beef Cheeseburger	Beef Soft Taco	Chicken Pot Pie	Homemade Meatloaf	Good Ole Hot Dog	Tuna Melt Sandwich
Baked Potato	on soft bun	on flour tortilla	chicken, peas, carrots	tomato sauce	on soft bun	on white bread
Southern Green Beans	French Fries	Refried Beans	flaky crust	Mashed Potatoes	Fried Yellow Squash	Potato Salad
Dinner Roll/Bread	Corn Salad	on Texas toast	Mixed Vegetables	Sweet Green Peas	Cinnamon Baked Apples	Steamed Corn
Fruit Cocktail	Lemon Pudding	Tossed Salad	Dinner Roll/Bread	Dinner Roll/Bread		Peach Crisp
		Cinnamon Churros	Chocolate Brownie	Fruit Cocktail		
NOTE Many is subject						

NOTE - Menu is subject to change based on availability.