



Hillcrest Raleigh Menu

October 3 - 9



Regular Week Four S/S

Sunday, October 3	Monday, October 4	Tuesday, October 5	Wednesday, Oct. 6	Thursday, Oct. 7	Friday, October 8	Saturday, October 9
Breakfast	Breakfast	Breakfast	Waffle Wednesday	Breakfast	Breakfast	Breakfast
Fluffy Scrambled Eggs Crispy Bacon Grits or Oatmeal Blueberry Muffin Juice Milk	French Toast with maple syrup Sausage Patty Grits or Oatmeal Juice Milk	Fluffy Scrambled Eggs Grits or Oatmeal Flaky Biscuit Juice Milk	Fluffy Scrambled Eggs Crispy Bacon Grits or Oatmeal White Toast Juice Milk	Pancakes with maple syrup Grits or Oatmeal Sausage Patty Juice Milk	Scrambled Eggs Crispy Bacon Grits or Oatmeal White Toast Juice Milk	Fluffy Scrambled Eggs Grits or Oatmeal Flaky Biscuit Juice Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Southern Fried Chicken Mashed Potatoes Green Beans Dinner Roll/Bread Cinnamon Baked Apples	Sweet and Sour Pork Steamed White Rice Oriental Vegetables Vegetable Egg Roll Yellow Cake with frosting	Roast Turkey Cornbread Dressing Green Peas Vegetable Soup Dinner Roll/Bread Chilled Pears	Lemon Herb Chicken Roasted Red Potatoes rosemary, garlic Tossed Green Salad Dinner Roll/Bread Chilled Peaches	Homemade Meatloaf tomato sauce Whipped Sweet Potatoes Cream Corn Dinner Roll/Bread Mandarin Oranges	Breaded Fried Fish Potatoes Au Gratin Creamy Cole Slaw Cornbread Chocolate Brownie	Country Fried Steak cream gravy Steamed Rice Mixed Vegetables Cornbread Pear Crisp
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Tender Beef Pot Roast Red New Potatoes Sliced Cooked Carrots Dinner Roll/Bread Chocolate Pudding	Meat Lasagna tomato sauce Italian Green Beans Dinner Roll/Bread Mandarin Oranges	Swedish Meatballs Egg Noodles Sliced Cooked Carrots Dinner Roll/ Bread Snickerdoodle Cookie	Polish Kielbasa Sausage Peppers and Onions Seasoned Rice Dinner Roll/Bread Banana Pudding	Fried Chicken Breast on hamburger bun French Fries Sliced Beets Oatmeal Raisin Cookie	Turkey Pot Pie with flaky crust Peas and Carrots Mixed Tropical Fruit	Glazed Roast Pork Loin Macaroni and Cheese Black-Eyed Peas Dinner Roll/Bread Apple Pie

NOTE - Menu is subject to change based on availability.