

Hillcrest Raleigh Menu July 4 - 10



Regular Week Three S/S

			Regular Week Trifee 5/5			
Sunday, July 4	Monday, July 5	Tuesday, July 6	Wednesday, July 7	Thursday, July 8	Friday, July 9	Saturday, July 10
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Fluffy Scrambled Eggs	French Toast	Fluffy Scrambled Eggs	Fluffy Scrambled Eggs	Pancakes	Scrambled Eggs	Fluffy Scrambled Eggs
Crispy Bacon	with maple syrup	Grits or Oatmeal	Crispy Bacon	with maple syrup	Crispy Bacon	Grits or Oatmeal
Grits or Oatmeal	Sausage Patty	Flaky Biscuit	Grits or Oatmeal	Grits or Oatmeal	Grits or Oatmeal	Flaky Biscuit
Blueberry Muffin	Grits or Oatmeal	Juice	White Toast	Sausage Patty	White Toast	Juice
Juice	Juice	Milk	Juice	Juice	Juice	Milk
Milk	Milk		Milk	Milk	Milk	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Homemade Meatloaf with tomato sauce	Chicken Alfredo fettuccini pasta	Spaghetti Pasta with meat sauce	Pulled Pork Barbeque Baked Beans	Hearty Beef Stew with vegetables	Breaded Fried Fish Tater Tots	Beef Swiss Steak with gravy
Potatoes Anna	Capri Vegetables	Tossed Salad	Braised Cabbage	Red New Potatoes	Steamed Cabbage	Steamed Rice
Green Bean Casserole	Dinner Roll/Bread	Dinner Roll/Bread	Cornbread	Dinner Roll/Bread	Cornbread	Capri Vegetables
Chilled Pears	Lemon Pudding	Chocolate Chip Cookie	Cinnamon Baked Apples	Tropical Fruit	Banana Pudding	Sugar Cookie
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
BBQ Pork Ribette on sub roll	Beef Tips with mushroom gravy	Southern Fried Chicken Garlic Mashed Potatoes	Thin Crust Cheese Pizza with tomato sauce	Chicken Pot Pie peas, carrots, flaky crust	Sliced Baked Ham Macaroni and Cheese	Good Ole Hot Dog on soft bun
Steamed Cabbage	Steamed Rice	Whole Kernel Corn	Tossed Green Salad	Steamed Mixed Squash	Stewed Tomatoes	Creamy Cole Slaw
Potato Chips	Succotash	Dinner Roll/Bread	with dressing	Dinner Roll/Bread	Dinner Roll/Bread	Fresh Fruit Cup
Chocolate Brownie	Dinner Roll/Bread	Fruit Cup	Yellow Cake	Oatmeal Raisin Cookie	Pear Raisin Crisp	
	Chilled Peaches					

NOTE - Menu is subject to change based on availability.