



Hillcrest Raleigh Menu

January 17 - 23



Regular Week Three F/W

Sunday, January 17	Monday, January 18	Tuesday, January 19	Wednesday, Jan. 20	Thursday, Jan. 21	Friday, January 22	Saturday, Jan. 23
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Fluffy Scrambled Eggs with cheese Grits or Oatmeal Apple Cinnamon Muffin Orange Juice Milk	French Toast with maple syrup Crispy Bacon Grits or Oatmeal Orange Juice Milk	Western Scrambled Eggs ham, cheese, bell peppers Grits or Oatmeal Flaky Biscuit with cream gravy Orange Juice • Milk	Fluffy Scrambled Eggs Crispy Waffle with fresh fruit Grits or Oatmeal Orange Juice Milk	Fluffy Scrambled Eggs Grits or Oatmeal Coffee Cake cranberry orange Orange Juice Milk	Pancakes with maple syrup Sausage Patty Grits or Oatmeal Orange Juice Milk	Cheese Omelet Breakfast Ham Grits or Oatmeal Toast Orange Juice Milk
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Smithfield's Pork BBQ Homemade Coleslaw Potato Salad Hush Puppies Pecan Pie	Country Fried Steak with cream gravy Herb Green Beans Mashed Potatoes Dinner Roll/Bread Fruit Salad	Sweet and Sour Chicken Winter Vegetables Steamed Rice Dinner Roll/Bread Fried Donuts	Beef and Been Chili Buttered Corn Cornbread Apple Pie	Hamburger Steak with grilled onions Italian Green Beans Mashed Potatoes Rosemary Dinner Roll Fruit Cocktail	Shrimp, grilled or fried Loaded Baked Potato cheese, bacon Creamy Coleslaw Dinner Roll/Bread Cheesecake	Chicken & Sausage Gumbo Tossed Green Salad with dressing Cornbread Yellow Cake with white frosting
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Grilled Chicken Sandwich Swiss cheese, lettuce, tomato Steamed Zucchini Potato Wedges Tomato Soup Chilled Pears	Baked Ziti Pasta tomato sauce, cheese Caesar Salad Romaine lettuce, croutons Garlic Bread Yellow Cake	Breaded Fried Flounder Dixie Coleslaw French Fries Dinner Roll/Bread Double Chocolate Brownie	Breaded Pork Chops Capri Vegetables Yellow Rice Dinner Roll/Bread Sugar Cookie	Chicken Salad Sandwich lettuce and tomato Pickled Beets Potato Chips Butterscotch Pudding	Beef Pot Roast Roasted Brussels Sprouts Herbed Egg Noodles Garlic Soft Breadstick Pear Crisp	Beef Sloppy Joe on bun Cucumber & Onion Salad Tater Tots Macadamia Nut Cookie

NOTE - Menu is subject to change based on availability.