



# Hillcrest Raleigh Menu

September 13 - 19



Regular Week Four F/W

| Sunday, Sept. 13   | Monday, Sept. 14   | Tuesday, Sept. 15  | Wednesday, Sept. 16   | Thursday, Sept. 17   | Friday, Sept. 18  | Saturday, Sept. 19   |
|--|--|--|---|--|---|--|
| <b>Breakfast</b>   | <b>Breakfast</b>   | <b>Breakfast</b>   | <b>Waffle Wednesday</b>   | <b>Breakfast</b>   | <b>Breakfast</b>  | <b>Breakfast</b>   |
| French Toast<br>with maple syrup<br>Grits or Oatmeal<br>Crispy Bacon<br>Juice<br>Milk                        | Fluffy Scrambled Eggs<br>Grits or Oatmeal<br>Country Ham<br>Cinnamon Roll<br>Juice<br>Milk                         | Flaky Biscuit<br>Sausage Gravy<br>Grits or Oatmeal<br>Hashbrowns<br>Juice<br>Milk                                | Waffles<br>with maple syrup<br>Grits or Oatmeal<br>Bacon and Sausage<br>Juice<br>Milk                   | Fluffy Scrambled Eggs<br>Grits or Oatmeal<br>English Muffin<br>Breakfast Ham<br>Juice<br>Milk                | Western Scrambled Eggs<br>Grits or Oatmeal<br>Crispy Bacon<br>White Toast with jelly<br>Juice<br>Milk | Pancakes<br>with maple syrup<br>Grits or Oatmeal<br>Sausage Patty<br>Juice<br>Milk                         |
| <b>Lunch</b>   | <b>Lunch</b>   | <b>Lunch</b>   | <b>Lunch</b>  | <b>Lunch</b>   | <b>Lunch</b>  | <b>Lunch</b>   |
| Pulled Pork Barbeque<br>on soft bun<br>Baked Beans<br>Homemade Coleslaw<br>Banana Pudding                    | Homestyle Meatloaf<br>with tomato sauce<br>Mashed Potatoes<br>Cooked Carrots<br>Dinner Roll/Bread<br>Spiced Apples | Thyme Chicken Breast<br>Mushroom Pasta<br>Capri Vegetables<br>Dinner Roll/Bread<br>Chocolate Pudding             | Polish Sausage<br>Steamed Cabbage<br>White Rice<br>Parsley Dinner Roll<br>Lemon Cake                    | Lasagna<br>with meat sauce<br>Caesar Salad<br>Romaine, Parmesan<br>Garlic Breadstick<br>Tropical Fruit Salad | Fried Jumbo Shrimp<br>Potatoes au Gratin<br>Homemade Cole Slaw<br>Dinner Roll/Bread<br>Orange Cake    | Pulled Chicken<br>with dumplings<br>Broccoli Florets<br>Dinner Roll/Bread<br>Chilled Pears                 |
| <b>Dinner</b>  | <b>Dinner</b>  | <b>Dinner</b>  | <b>Dinner</b>   | <b>Dinner</b>  | <b>Dinner</b>   | <b>Dinner</b>  |
| Chicken Tenders<br>Cream Gravy<br>French Fries<br>Mixed Vegetable Salad<br>Cornbread<br>Peanut Butter Cookie | Citrus Glazed Turkey<br>with gravy<br>Rice Pilaf<br>Broccoli Florets<br>Dinner Roll/Bread<br>Orange Sherbet        | Ham & Swiss Sandwich<br>on wheat bread<br>Lettuce and Tomato<br>Potato Chips<br>Garden Salad<br>Summer Fruit Cup | Breaded Fried Fish Filet<br>Homemade Coleslaw<br>French Fries<br>Dinner Roll/Bread<br>Coconut Cream Pie | Rancher's Chicken Breast<br>Pinto Beans<br>Squash Medley<br>Dinner Roll/Bread<br>Chocolate Brownie           | Glazed Baked Ham<br>Macaroni and Cheese<br>Collard Greens<br>Cornbread<br>Watermelon                  | Cheeseburger<br>on soft bun<br>Lettuce and Tomato<br>Tater Tots<br>Cucumber Salad<br>Chocolate Chip Cookie |

NOTE - Menu is subject to change based on availability.