

Hillcrest Raleigh Menu September 6 - 12



Regular Week Three S/S

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Sunday, Sept. 6	Monday, Sept. 7	Tuesday, Sept. 8	Wednesday, Sept. 9	Thursday, Sept. 10	Friday, Sept. 11	Saturday, Sept. 12
Breakfast	Breakfast	Breakfast	Waffle Wednesday	Breakfast	Breakfast	Breakfast
Cheesy Scrambled Eggs Crispy Bacon	French Toast with maple syrup	Fluffy Scrambled Eggs Grits or Oatmeal	Waffles with maple syrup	Fluffy Scrambled Eggs Sausage Patty	Pancakes with maple syrup	Cheese Omelet Sausage Patty
Grits or Oatmeal	Sausage Patty	Crispy Bacon	Grits or Oatmeal	Grits or Oatmeal	Grits or Oatmeal	Grits or Oatmeal
Blueberry Muffin	Grits or Oatmeal	Flaky Biscuit	Sausage and Bacon	Peach Coffee Cake	Crispy Bacon	Juice
Juice	Juice	Juice	Juice	Juice	Juice	Milk
Milk	Milk	Milk	Milk	Milk	Milk	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Shrimp Alfredo spaghetti pasta	Roast Turkey with gravy	Beef Taco lettuce, tomato,	Chicken Filet Sandwich on soft bun	Braised Beef Tips Steamed White Rice	Breaded Pollock Filet with tartar sauce	Fried Chicken Southern Pinto Beans
Parmesan Zucchini	Mashed Potatoes	sour cream, guacamole	Dill Macaroni Salad	Southern Green Beans	Macaroni and Cheese	Whole Kernel Corn
Garlic Bread Ambrosia	Sliced Glazed Carrots Dinner Roll/Bread	Black Bean Corn Salad Caramel Brownie	Mixed Vegetable Salad marinated	Cherry Crisp Dinner Roll/Bread	Collard Greens Cornbread	Dinner Roll/Bread S'Mores Brownie
	Yellow Cake		Fruit Salad		Lemon Bar	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Breast grilled or fried	Fried Pork Chop Yellow Rice	BBQ Pork Platter Baked Sweet Potatoes	Beef Pepper Steak with gravy	Tuna Melt Sandwich French Fries	Country Fried Steak Redskin Potatoes	Cheese Ravioli with tomato sauce
Capri Vegetables	Green Beans	Green Beans	Seasoned Rice	Broccoli Salad	garlic roasted	Caesar Salad
Cheesy Rice	Dinner Roll/Bread	Cornbread	Green Peas	Peach Parfait	Braised Cabbage	Romaine, Parmesan
Parsley Dinner Roll	Chocolate Cake	Banana Pudding	Dinner Roll/Bread		Dinner Roll/Bread	Garlic Breadstick
Vanilla Ice Cream			Chocolate Chip Cookie		Pineapple Tidbits	Watermelon

NOTE - Menu is subject to change based on availability.