

## Hillcrest Raleigh Menu July 19 - 25

			Regular Week Four F/W			
Sunday, July 19	Monday, July 20	Tuesday, July 21	Wednesday, July 22	Thursday, July 23	Friday, July 24	Saturday, July 25
Breakfast	Breakfast	Breakfast	Waffle Wednesday	Breakfast	Breakfast	Breakfast
French Toast with maple syrup	Fluffy Scrambled Eggs Grits or Oatmeal	Flaky Biscuit Sausage Gravy	Waffles with maple syrup	Fluffy Scrambled Eggs Grits or Oatmeal	Western Scrambled Eggs Grits or Oatmeal	Pancakes with maple syrup
Grits or Oatmeal	Country Ham	Grits or Oatmeal	Grits or Oatmeal	English Muffin	Crispy Bacon	Grits or Oatmeal
Crispy Bacon	Cinnamon Roll	Hashbrowns	Bacon and Sausage	Breakfast Ham	White Toast with jelly	Sausage Patty
Juice	Juice	Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk	Milk	Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pulled Pork Barbeque on soft bun	Homestyle Meatloaf with tomato sauce	Thyme Chicken Breast Mushroom Pasta	Polish Sausage Steamed Cabbage	Lasagna with meat sauce	Fried Jumbo Shrimp Potatoes au Gratin	Pulled Chicken with dumplings
Baked Beans Homemade Coleslaw	Mashed Potatoes Cooked Carrots	Capri Vegetables Dinner Roll/Bread	White Rice Parsley Dinner Roll	Caesar Salad Romaine, Parmesan	Homemade Cole Slaw Dinner Roll/Bread	Broccoli Florets Dinner Roll/Bread
Banana Pudding	Dinner Roll/Bread Spiced Apples	Chocolate Pudding	Lemon Cake	Garlic Breadstick Tropical Fruit Salad	Orange Cake	Chilled Pears
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Tenders Cream Gravy	Citrus Glazed Turkey with gravy	Ham & Swiss Sandwich on wheat bread	Breaded Fried Fish Filet Homemade Coleslaw	Rancher's Chicken Breast Pinto Beans	Glazed Baked Ham Macaroni and Cheese	Cheeseburger on soft bun
French Fries	Rice Pilaf	Lettuce and Tomato	French Fries	Squash Medley	Collard Greens	Lettuce and Tomato
Mixed Vegetable Salad	Broccoli Florets	Potato Chips	Dinner Roll/Bread	Dinner Roll/Bread	Cornbread	Tater Tots
Cornbread	Dinner Roll/Bread	Garden Salad	Coconut Cream Pie	Chocolate Brownie	Watermelon	Cucumber Salad
<b>Peanut Butter Cookie</b>	Orange Sherbet	Summer Fruit Cup				Chocolate Chip Cookie

NOTE - Menu is subject to change based on availability.