

Hillcrest Raleigh Menu January 19 - 25



			Regular Week Four 17W	•		
Sunday, January 19	Monday, January 20	Tuesday, January 21	Wednesday, Jan. 22	Thursday, Jan. 23	Friday, January 24	Saturday, January 25
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Flaky Biscuit with sausage gravy	Fluffy Scrambled Eggs Grits or Oatmeal	Cheese Omelet Crispy Bacon	Crispy Waffle with maple syrup	Fluffy Scrambled Eggs Grits or Oatmeal	Egg & Hashbrown Bake Grits or Oatmeal	Pancakes with maple syrup
Grits or Oatmeal	Cinnamon Roll	Grits or Oatmeal	Grits or Oatmeal	Breakfast Ham	White Toast with jelly	Sausage Patty
Hash Browns	Orange Juice	Toast with jelly	Raisin Toast	Flaky Biscuit with jelly	Orange Juice	Grits or Oatmeal
Orange Juice	Milk	Orange Juice	Orange Juice	Orange Juice	Milk	Orange Juice
Milk		Milk	Milk	Milk		Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Beef Pot Roast with gravy	Chicken Pot Pie vegetables, flaky crust	Barbeque Chicken Breast Calico Coleslaw	Garlic Herb Pork Loin Ranch Potato Wedges	Italian Lasagna tomato meat sauce	Breaded Fried Whitefish Green Beans	Pork Carnitas flour tortilla, shredded pork
Parsley Carrots Garlic Redskin Potatoes	Tossed Green Salad with dressing	Baked Beans Cornbread	Succotash Dinner Roll/Bread	Caesar Salad Romaine lettuce, croutons	French Fries Cornbread	Peppers and Onions Black Beans
Cornbread Oatmeal Raisin Cookie	Seasonal Fresh Fruit	Cinnamon Baked Apples	Chocolate Cake	Parmesan Breadstick Chocolate Cream Pie	Spiced Peaches	Ambrosia
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Tenders Macaroni and Cheese	Baked Ham Okra and Tomatoes	Hamburger Steak with gravy	Baked Whitefish Filet Stewed Tomatoes	Fried Chicken Collard Greens	Homestyle Meatloaf with tomato sauce	Chicken Parmesan with spaghetti sauce
Green Peas	Rice Pilaf	Broccoli Florets	Macaroni and Cheese	Whipped Sweet Potatoes	Peas and Carrots	Garden Salad
Dinner Roll/Bread	Dinner Roll/Bread	Steamed Rice	Dinner Roll/Bread	Dinner Roll/Bread	Mashed Potatoes	Breadstick
Peach Parfait	Sweet Potato Pie	Dinner Roll/Bread Red Velvet Cake	Banana Pudding Parfait	Pineapple Tidbits	Rosemary Dinner Roll Pumpkin Cheesecake Bar	Chocolate Chip Cake white frosting

NOTE - Menu is subject to change based on availability.