

## Hillcrest Raleigh Menu January 12 - 18



Regular Week Three F/W

			Regular Week Trifee F/W		-	
Sunday, January 12	Monday, January 13	Tuesday, January 14	Wednesday, Jan. 15	Thursday, Jan. 16	Friday, January 17	Saturday, Jan. 18
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Fluffy Scrambled Eggs	French Toast	Western Scrambled Eggs	Fluffy Scrambled Eggs	Fluffy Scrambled Eggs	Pancakes	Cheese Omelet
with cheese	with maple syrup	ham, cheese, bell peppers	Crispy Waffle	Grits or Oatmeal	with maple syrup	Breakfast Ham
Grits or Oatmeal	Crispy Bacon	Grits or Oatmeal	with fresh fruit	Coffee Cake	Sausage Patty	Grits or Oatmeal
Apple Cinnamon Muffin	<b>Grits or Oatmeal</b>	Flaky Biscuit	<b>Grits or Oatmeal</b>	cranberry orange	Grits or Oatmeal	Toast
Orange Juice	Orange Juice	with cream gravy	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Milk	Milk	Orange Juice • Milk	Milk	Milk	Milk	Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Smithfield's Pork BBQ	Country Fried Steak	Sweet and Sour Chicken	Chicken Chili	Hamburger Steak	Shrimp, grilled or fried	Chicken & Sausage Gumbo
Homemade Coleslaw	with cream gravy	Winter Vegetables	Cornbread Casserole	Italian Green Beans	Loaded Baked Potato	Tossed Green Salad
Potato Salad	Herb Green Beans	Steamed Rice	Pinto Beans	<b>Mashed Potatoes</b>	Homemade Coleslaw	with dressing
<b>Hush Puppies</b>	<b>Mashed Potatoes</b>	Dinner Roll/Bread	Salsa Salad	Rosemary Dinner Roll	Dinner Roll/Bread	Cornbread
Pecan Pie	Dinner Roll/Bread	Youtiao Chinese donuts	Apple Pie	Fruit Cocktail	Cheesecake	Yellow Cake
	Fruit Salad	Fortune Cookie				with white frosting
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Grilled Chicken Sandwich	Baked Ziti Pasta	Breaded Fried Flounder	Fried Pork Chops	Chicken Salad Sandwich	Beef Pot Roast	Beef Sloppy Joe
Swiss cheese, lettuce, tomato	tomato sauce, cheese	Dixie Coleslaw	Capri Vegetables	lettuce and tomato	Roasted Brussels Sprouts	on bun
Steamed Zucchini	Caesar Salad	French Fries	Yellow Rice	Green Bean Salad	Beets	Cucumber & Onion Salad
Potato Wedges	Romaine lettuce, croutons	Dinner Roll/Bread	Dinner Roll/Bread	Potato Chips	Dinner Roll/Bread	Tater Tots
Soup of the Day	Garlic Bread	Double Chocolate Brownie	Apple Pie	Butterscotch Pudding	Pear Crisp	Macadamia Nut Cookie
<b>Chilled Pears</b>	Yellow Cake					

NOTE - Menu is subject to change based on availability.