



Menu Items Available Upon Request

Please ask CNA or call Dining Services one hour prior to meal times

- Cold cereals: Special K, Raisin Bran, Cheerios, Honey Nut Cheerios, Cornflakes
- Hot Cereals: oatmeal, Cream of Wheat, grits
- Eggs, Toast, Bacon
- Cheeseburger or Hamburger with lettuce & tomato
- Black Bean Burger
- Hotdog with chili
- Grilled Chicken Breast
- Baked Fish: salmon, flounder, tilapia
- Ham Sandwich on swirl bread
- Turkey Sandwich
- Roast Beef Sandwich
- Chef Salad (with ham, turkey, or chicken)
- Garden Chef Salad
- Grilled Chicken Salad
- Egg Salad Sandwich
- Tuna Salad Sandwich
- Chicken Salad Sandwich
- Pimiento Cheese Sandwich
- Grilled Cheese Sandwich
- Cottage Cheese Fruit Plate
- Yogurt or Greek Yogurt
- Peanut butter sandwich or crackers
- String cheese with fruit or crackers
- Sides: baked potato, sweet potato, baked chips, fresh fruit, French fries, baked beans, green beans, side salad with dressing

Call Dining Services at 919-286-7705, extension 1148, or place order with Concierge.