



Hillcrest Raleigh Menu

September 17 - 23



Regular Week One S/S

Sunday, Sept. 17	Monday, Sept. 18	Tuesday, Sept. 19	Wednesday, Sept. 20	Thursday, Sept. 21	Friday, Sept. 22	Saturday, Sept. 23
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Fluffy Scrambled Eggs Crispy Bacon Oatmeal Blueberry Muffin Juice Milk	French Toast with maple syrup Sausage Patty Southern Grits Juice Milk	Fluffy Scrambled Eggs Oatmeal Flaky Biscuit with cream gravy Juice Milk	Fluffy Scrambled Eggs Southern Grits White Toast with jelly Crispy Bacon Juice Milk	Pancakes with maple syrup Oatmeal Sausage Patty Juice Milk	Fluffy Scrambled Eggs Southern Grits White Toast with jelly Crispy Bacon Juice Milk	Fluffy Scrambled Eggs Oatmeal Flaky Biscuit with cream gravy Juice Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Beef Pepper Steak with gravy Mushroom Rice Green Beans Dinner Roll/Bread Lemon Cake	Garlic Chicken Tenderloins Black-Eyed Peas Breaded Fried Okra Dinner Roll/Bread Fresh Fruit Cup	Italian Spaghetti with tomato meat sauce Tossed Green Salad with dressing Dinner Roll/Bread Vanilla Pudding	Roast Pork Loin with gravy Candied Sweet Potatoes Steamed Spinach Dinner Roll/Bread Mandarin Oranges	Polish Sausage Yellow Rice Steamed Cabbage Cornbread Strawberries & Bananas	Southern Fried Chicken Potatoes Anna Collard Greens Dinner Roll/Bread Chilled Peaches	Cheeseburger on white bun Steamed Broccoli French Fries Chocolate Pudding
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Breaded Fried Shrimp with cocktail sauce Macaroni and Cheese Confetti Cole Slaw Dinner Roll/Bread Fruit Cocktail	Sliced Baked Ham with pineapple glaze Collard Greens Southern Pinto Beans Cornbread Peanut Butter Cookie	Grilled Cheese Sandwich Cream of Tomato Soup Saltine Crackers Steamed Broccoli Potato Chips Peach Crisp	Chicken Gumbo served over white rice Whole Kernel Corn Cornbread Chocolate Brownie	Meatloaf with tomato sauce Mashed Potatoes Braised Red Cabbage Dinner Roll/Bread Fruit Cocktail	Pulled Pork Barbeque on soft white bun Cole Slaw Baked Beans Sugar Cookie	Hamburger Steak with onions and gravy Mixed Vegetables Steamed Rice Dinner Roll/Bread Apple Crisp

NOTE - Menu is subject to change based on availability.